**I am Statements &  
 Positive Affirmations**

***Embrace the Power of Positive Thinking***

Affirmations are very powerful. Your subconscious mind does not think in terms of past, present or future. If you affirm that you “want” something, then you get “the wanting” but you don’t really get the thing that you are wanting.

To get what you want, affirmations must be at **present tense!**

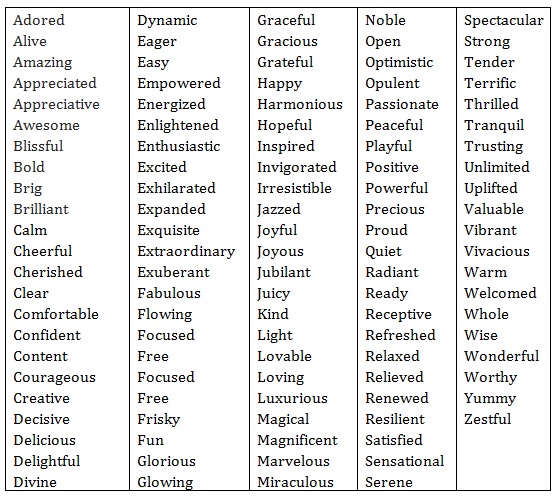
When you say **I AM HAPPINESS**, then life will provide you the means to have happiness. Replace **I WANT** affirmations with **I AM**affirmations. Inspire yourself from the below wonderful list of I AM affirmations and start to embody the power of I AM.

To have positive events in your life you need to think positively. Thinking positively is done with positive words. Read the below affirmations and feel them. Memorize the affirmations created with I AM and positive words. Repeat in your mind the affirmation that you need when you need it. Feel your affirmation by adding positive emotion to it. Example: “**I AM BLISS”:**add positive emotions to this affirmation by lightening up and radiating blissful happiness using the muscles of your face, basically make the muscles of your face become a big and large smile.

Human beings have two main powers on Earth: **Awareness** and **Choice**. Become **aware** of **who you** actually **are** so that you can make a good **choice**. You are a blessing. You are unique. You are a gift to the entire world. Learn positive words so that you can become **aware** of **who you** actually **are**. You are magnificent. You are Love. You are Pure Love and Light. Affirm it!

The power of the I AM affirmations can be better understood from this anonymous quote:

**“I AM are two of the most powerful words, for what  
 you put after them shapes your reality.”**

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